



Executive Coaching

Sheridan Worldwide

Brilliance
Realised

Performance & Executive Coaching

Is your potential for best performance fully unlocked?

Skilled conversations that challenge and support individuals to overcome difficulties in the long-term. Or executive coaching service challenge your executive leaders to be the best they can be.

CONTACT US

The calibre of coaches and the level of confidence and professionalism are stand-out. Sheridan are responsive and flexible. We always feel listened to.

Anabel Johnson
Senior Manager, Learning Transformation & Programme Delivery

How has coaching contributed to increased personal effectiveness and business success ?

100%

—
of participants have seen performance improvements

94%

—
of coaches feel better equipped to deal with any challenges they face

100%

—
of participants built a trusting relationship with their coaches

94%

—
of participants said it was a highly effective experience

Our Services

We provide executive coaching at all levels from boards and ExCo, to senior leaders, managers and hi-potential talent.

- Role transition and integration
- Supporting and navigating change effectively
- Managing and leading hybrid style
- Returner coaching
- Building mental strength
- Career coaching
- Coaching for a specific challenging project
- Neurodivergent coaching



Team & Group Coaching

Creating team performance that drives engagement and fosters trust

Our group and team coaching approach facilitates the breaking down of silos and supports collaboration across teams

[LEARN MORE ABOUT US](#)

How We Do It

We work with teams which are newly forming, hybrid, matrix and high-performing to help them retain their competitive edge and move from great to outstanding

Partner
We provide recommendations for where to focus to improve team performance, and propose a programme to have maximum impact.

Embed
We help you translate changes in thinking, behaving and relating into lasting habits with a focus on sustainability.

- 01 Discover**
We begin by using our model to assess where you're at as a team to build a clear picture of how you perform.
- 02 Partner**
- 03 Coaching**
Depending on your needs, we start with the foundations; hone straight in on values and behaviours or focus on improving relationships.
- 04 Embed**
- 05 Evaluate**
We will review progress, reassess against our framework, and make recommendations for the next stage of evolution as a team.



Coaching Skill Development

Creating a culture of coaching conversations to transform your workplace

How We Do It

We offer a choice of hybrid and/or virtual delivery with all materials, video tutorials accessible via our online platform

01

Experiential learning

All coaching sessions will be real, not role-play, so that the learning benefit can be personally experienced.

02

Reflective Practice

Coaching supervision is an essential part of skills development.

03

Development

There will be opportunities to receive feedback, enabling leaders to monitor their own progress.

04

Blended approach

To develop and embed core coaching skills using a range of methods to meet learning styles.

Our Services

A partnership to develop your strategy and ensure you can respond to change by having the right people in the right roles.

Coaching Skills for Managers

Short programmes to upskill in the art of conversation, asking questions, deepening ability to listen, building reflective capability and following through.

Performance Conversations

Creating the business case for feedback, understanding what good looks like, using a feedback framework, preparing and practising for feedback conversations.

Coaching for high performance

Option to incorporate actors using real scenarios we design with you to get people practising quality coaching conversations live.

Coaching qualifications

An ILM Approved Centre, we can deliver coaching, mentoring and supervision programmes up to level 7.

Coaching supervision

Providing reflective space for managers and coaches.

Masterclass series

To foster a shift to a coaching culture tailored to your requirements.

[VIEW OTHER SERVICES](#)



About us

Brilliance Realised

The world of work is facing ever more demanding and complicated challenges from both outside the business and within it. Facing and adapting to them is hard. Taking your best people with you is harder still, but vital, if your organisation is to flourish. We can help your leaders to overcome those problems and translate their vision into reality.

LEARN MORE ABOUT US

Executive coaching

Realise your brilliance. Use coaching as a tool to unlock your skills and capabilities as a leader or team member.



Inclusion

We have a unique opportunity afforded us by the pandemic to build fully inclusive, healthy human systems at work.



Conflict resolution

How to solve conflict? Everyone can resolve conflicts when they are empowered to create their own solutions.



Leadership strategies

Strong high-performance cultures are born of two things: leadership excellence and purpose-driven teams.



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For a confidential chat to discuss our services
and how can we help you



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