



Coaching & Mentoring

Sheridan Worldwide

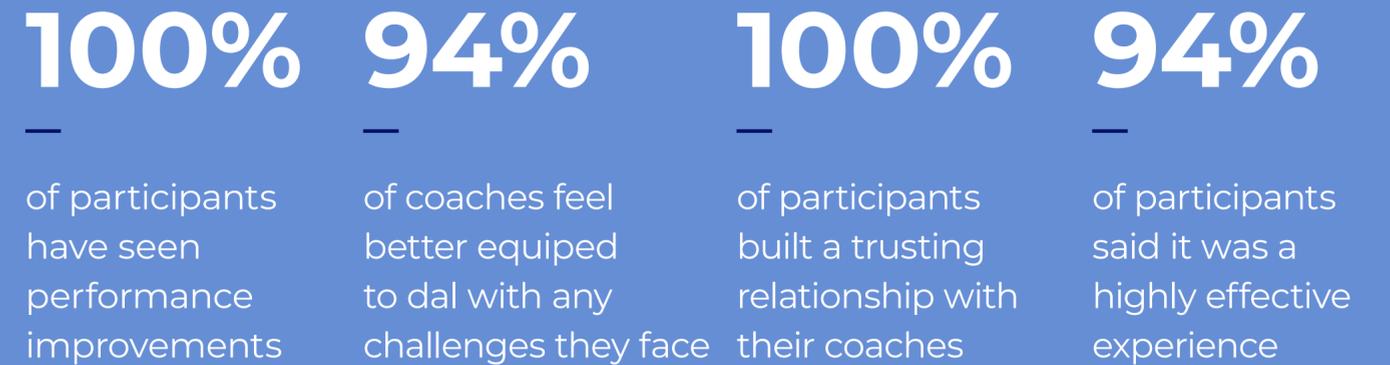
Brilliance
Realised

Performance & Executive Coaching

Unlock your potential and meet your objectives with executive coaching

Our executive coaching service challenges your executive leaders to be the best they can be.

How has coaching contributed to increased personal effectiveness and business success ?



The calibre of coaches and the level of confidence and professionalism are stand-out. Sheridan are responsive and flexible. We always feel listened to.

Anabel Johnson
Senior Manager, Learning Transformation & Programme Delivery

Our Services

We provide executive coaching at all levels from boards and ExCo, to senior leaders, managers and hi-potential talent.

- **Role transition and integration**
- **Supporting and navigating change effectively**
- **Managing and leading hybrid style**
- **Returner coaching**
- **Building mental strength**
- **Career coaching**
- **Coaching for a specific challenging project**
- **Neurodivergent coaching**



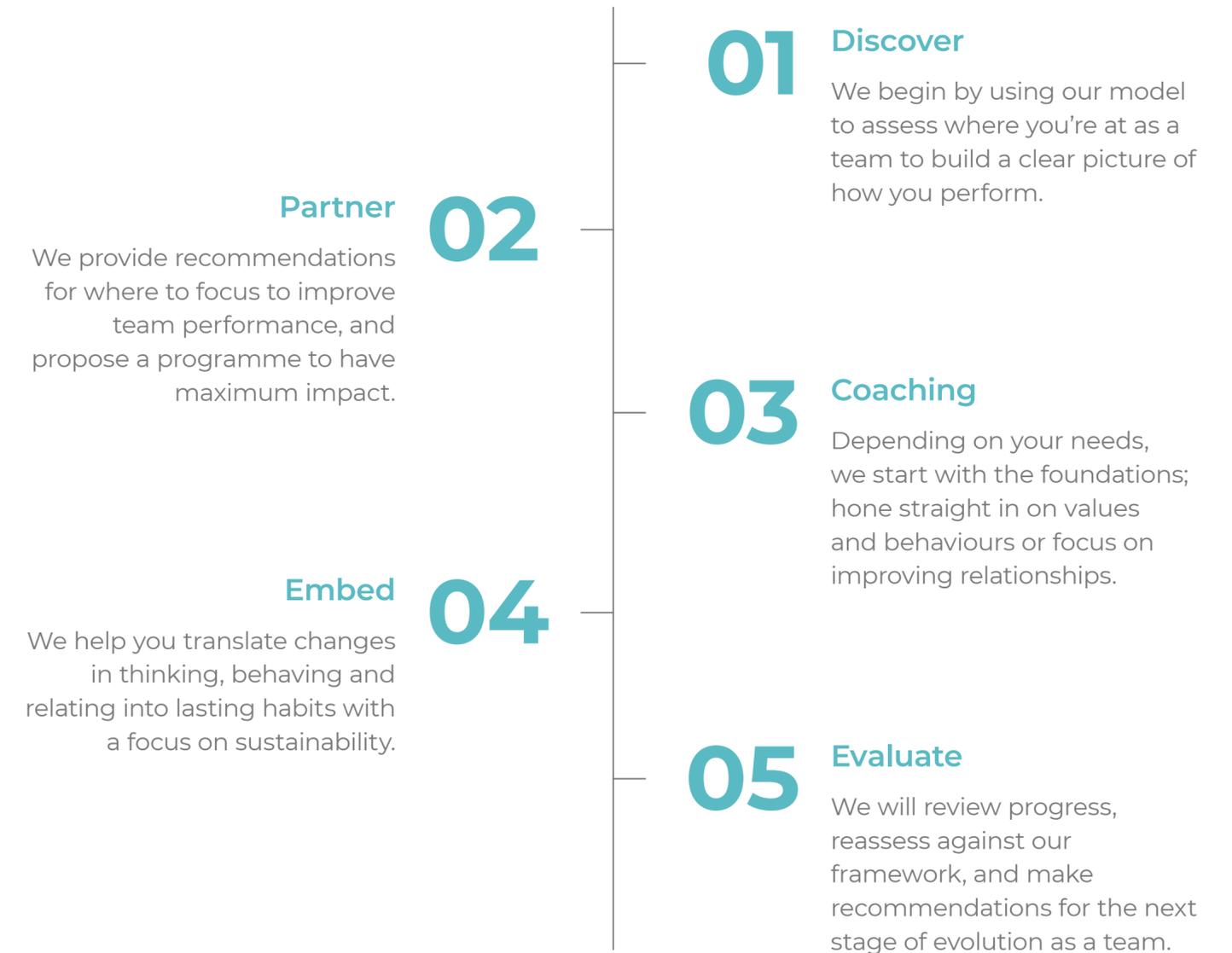
Team & Group Coaching

Creating team performance that drives engagement and fosters trust

Our group and team coaching approach facilitates the breaking down of silos and supports collaboration across teams

How We Do It

We work with teams which are newly forming, hybrid, matrix and high-performing to help them retain their competitive edge and move from great to outstanding



Mentoring For Growth

Professional mentoring and career progression to realise brilliance

Mentoring Platform

Our services include:

- **Mentoring programme design**
- **Communications for stakeholders**
- **World-class learning materials**
- **Design and delivery of mentoring workshops**
- **Evaluation, monitoring and feedback collation**
- **Inspirational keynotes**



One-on-One & Team Mentoring



Reverse & Virtual Mentoring



Mentoring Circles & Team Mentoring



Coaching Skill Development

Creating a culture of coaching conversations to transform your workplace

How We Do It

We offer a choice of hybrid and/or virtual delivery with all materials, video tutorials accessible via our online platform

01

Experiential learning

All coaching sessions will be real, not role-play, so that the learning benefit can be personally experienced.

02

Reflective Practice

Coaching supervision is an essential part of skills development.

03

Development

There will be opportunities to receive feedback, enabling leaders to monitor their own progress.

04

Blended approach

To develop and embed core coaching skills using a range of methods to meet learning styles.



Our Services

A partnership to develop your strategy and ensure you can respond to change by having the right people in the right roles.

Coaching Skills for Managers

Short programmes to upskill in the art of conversation, asking questions, deepening ability to listen, building reflective capability and following through.

Performance Conversations

Creating the business case for feedback, understanding what good looks like, using a feedback framework, preparing and practising for feedback conversations.

Coaching for high performance

Option to incorporate actors using real scenarios we design with you to get people practising quality coaching conversations live.

Coaching qualifications

An ILM Approved Centre, we can deliver coaching, mentoring and supervision programmes up to level 7.

Coaching supervision

Providing reflective space for managers and coaches.



About us

Brilliance Realised

The world of work is facing ever more demanding and complicated challenges from both outside the business and within it. Facing and adapting to them is hard. Taking your best people with you is harder still, but vital, if your organisation is to flourish. We can help your leaders to overcome those problems and translate their vision into reality.

Sheridan Worldwide is an outstanding provider of leadership, inclusion, mediation and coaching services.

- Is your potential for best performance fully unlocked? Coaching & mentoring
- Do you lose time in pointless workplace conflict? Resolution & mediation
- Does your culture drive a high-performance organisation? Leadership strategies
- Are you seeking to build an inclusive culture? Inclusion & wellbeing

Insights, events and case studies



For a confidential chat to discuss our services
and how can we help you

Sheridan Resolutions Ltd t/a
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